

## Extreme Adventure Ltd 1.12 – Safe Work Method Statement

### Activity – Ninja Assault Course

<b>ACIVITY</b>	<b>HAZARDS</b>	<b>RISK CONTROL MEASURES</b>	<b>What is the rate of Risk?</b> <small>(Rate risk as Low, Medium or High)</small>	<b>WHO IS RESPONSIBLE?</b> <small>Write the position of the person who is responsible for ownership of implementing the control measure</small>
Check the weather conditions before travelling to Event Site	<ul style="list-style-type: none"> <li>➤ Rain</li> <li>➤ Fog</li> <li>➤ Heat</li> <li>➤ Frost/Ice</li> <li>➤ Wind</li> </ul>	<ul style="list-style-type: none"> <li>➤ Check weather reports for journey and event location before departure</li> </ul>	LOW	DRIVER
Check route directions for possible very low bridges and narrow lanes	<ul style="list-style-type: none"> <li>➤ Height restriction by bridge or other Narrow Lanes which it would be difficult to turn vehicle and trailer</li> </ul>	<ul style="list-style-type: none"> <li>➤ Check route by map before departing for very low bridges</li> <li>➤ Narrow lanes are a particular hazard that cannot always been seen from a map</li> </ul>	LOW	DRIVER
Moving Truck and Trailer on Event Site	<ul style="list-style-type: none"> <li>➤ Collision with other vehicles or pedestrians</li> <li>➤ Driving into area with a very low height restriction or narrow lane</li> </ul>	<ul style="list-style-type: none"> <li>➤ Enter Event Area with hazard lights flashing and a speed no more than walking pace (5mph)</li> <li>➤ Walk by foot through the projected entrance and roadway looking for issues and obstacles on route</li> </ul>	LOW/MED	DRIVER
Hazards with potential Event Site whilst installing our equipment	<ul style="list-style-type: none"> <li>➤ High traffic area for vehicles</li> <li>➤ Pedestrians wandering into work area</li> <li>➤ Rough terrain</li> <li>➤ Overhead branches</li> </ul>	<ul style="list-style-type: none"> <li>➤ Inspect Site before any work commences</li> <li>➤ Look for possible hazards such as overhanging branches.</li> <li>➤ Ensure terrain is of a suitable nature to start work on. If not then notify organisers immediately</li> <li>➤ Cordoned off site area so that Passersby cannot enter the restricted area</li> </ul>	LOW/MED	Extreme Adventure Staff

<b>ACIVITY</b> List the tasks required to perform the activity in the sequence carried out	<b>HAZARDS</b> Against each task list the hazards that could cause injury when the task is performed	<b>RISK CONTROL MEASURES</b> List the control measures required to eliminate or minimise the risk of injury arising from the identified hazard	<b>What is the rate of Risk?</b> (Rate risk as Low, Medium or High)	<b>WHO IS RESPONSIBLE?</b> Write the position of the person who is responsible for ownership of implementing the control measure
Check for any overhead Electricity or Telephone Lines	<ul style="list-style-type: none"> <li>➤ Possible electrocution from overhead Electricity Supply</li> </ul>	<ul style="list-style-type: none"> <li>➤ Inspect Site before any work commences</li> <li>➤ Ensure you know where there are any overhead lines</li> <li>➤ If you have any concerns then these must be addressed with the Site HSE Manager and your superior</li> </ul>	LOW/MED	Extreme Adventure Staff
Check you have all the safety equipment you need for the event	<ul style="list-style-type: none"> <li>➤ A small accident may occur e.g. trip or stumble</li> <li>➤ Working at height</li> <li>➤ Ladder equipment</li> </ul>	<ul style="list-style-type: none"> <li>➤ Use the special twin lanyard Harness when building and managing the course</li> <li>➤ Only use Class1 Ladders</li> </ul>	LOW	Extreme Adventure Staff

<b>ACTIVITY</b> List the tasks required to perform the activity in the sequence carried out	<b>HAZARDS</b> Against each task list the hazards that could cause injury when the task is performed	<b>RISK CONTROL MEASURES</b> List the control measures required to eliminate or minimise the risk of injury arising from the identified hazard	<b>What is the rate of Risk?</b> (Rate risk as Low, Medium or High)	<b>WHO IS RESPONSIBLE?</b> Write the position of the person who is responsible for ownership of implementing the control measure
When building on site take care with parts of the structure that are being lifted above head height	<ul style="list-style-type: none"> <li>➤ Parts of structure may fall onto one of the staff assembling the Tower</li> <li>➤ Tools and parts falling onto a person below</li> <li>➤ Injury caused by poor lifting technique</li> </ul>	<ul style="list-style-type: none"> <li>➤ All parts that are lifted above head height have to have slings on either side and must be roped</li> <li>➤ All tools used above head height are held within a tool belt.</li> <li>➤ Follow company procedure on manual lifting of equipment</li> </ul>	LOW/MEDIUM	Extreme Adventure Staff
Operating Equipment on Site	<ul style="list-style-type: none"> <li>➤ Users acting in a dangerous manner on the equipment</li> <li>➤ Use of equipment</li> </ul>	<ul style="list-style-type: none"> <li>➤ The manufacturer's instructions for use must be followed, this includes safe methods of use</li> </ul>	LOW/MED	Extreme Adventure Staff
Storage over night	<ul style="list-style-type: none"> <li>➤ Injury caused to public accessing equipment overnight</li> </ul>	<ul style="list-style-type: none"> <li>➤ Mobile structure at night has all ladders and any other ways of climbing onto the structure dismantled</li> </ul>	MED	Extreme Adventure Staff

<b>ACTIVITY</b> List the tasks required to perform the activity in the sequence carried out	<b>HAZARDS</b> Against each task list the hazards that could cause injury when the task is performed	<b>RISK CONTROL MEASURES</b> List the control measures required to eliminate or minimise the risk of injury arising from the identified hazard	<b>What is the rate of Risk?</b> (Rate risk as Low, Medium or High)	<b>WHO IS RESPONSIBLE?</b> Write the position of the person who is responsible for ownership of implementing the control measure
Disassembling after the event	<ul style="list-style-type: none"> <li>➤ Trip hazards from dismantled parts</li> <li>➤ Dismantled in the incorrect manner</li> <li>➤ Parts of course may fall onto one of the staff disassembling the course</li> <li>➤ Tools and parts falling onto a person below</li> <li>➤ Injury caused by poor lifting technique</li> </ul>	<ul style="list-style-type: none"> <li>➤ Stow away parts as they are dismantled</li> <li>➤ Use Build Manual to dismantle the course in the correct manner</li> <li>➤ All parts that are lifted above head height have to have slings on either side and must be roped</li> <li>➤ Follow company procedure on manual lifting of equipment</li> </ul>	<p style="text-align: center;">LOW</p>	<p style="text-align: center;">Extreme Adventure Staff</p>
Circulation	Management & Staff of Extreme Adventure and Site HSE Manager			
Assessor	A Caldwell			
Date Assessed	3 <sup>rd</sup> November 2019			
Review Date	Every 12 months  Review date 3/11/2020			